

ABHP *Insider Report*

Association of Black Health-system Pharmacists

Volume 4, Number 3

July—September 2007

ABHP Minority Health Conference and Annual Meeting

The Association of Black Health-system Pharmacists (ABHP) Minority Health Conference and Annual Meeting will convene, May 16-18, 2008 in Atlanta, Georgia. ABHP is organizing the event in collaboration with the ASHP Advantage and other partnering organizations concerned with minority health care.

ABHP Minority Health Conference will highlight a broad range of topics affecting minority health, from cultural competence, minority activism, to new treatment and modalities in managing disease prevalent in the minority community. The conference will feature a number of national and regional pharmacists, physicians, and other speakers, speaking on parallel perspectives on minority health and health disparities.

The registration for the conference is \$200 for ABHP members, \$225 for non-members, \$80 for nurses and other allied health professionals, and \$35 for students.

All sessions and lodging will be in the Atlanta Marriott Marquis, 265 Peachtree Center Avenue,

ABHP Minority Health Conference

May 16-18, 2008 • Atlanta, Georgia • Atlanta Marriott Marquis

An educational conference for health care professionals interested in multicultural health issues.

The Conference Aims:

- **To educate** healthcare providers and students on the critical issues behind minority health
- **To provide** a forum to discuss barriers facing providers and patients in minority communities.
- **To increase** recognition and awareness of the critical minority health issues that affect diverse populations of various communities.
- **To serve** as an important educational experience for healthcare providers, highlighting multicultural health concerns that affect both minority and non-minority populations.

For more information about registration or sponsorship, please visit www.ashpaadvantage.com/ABHP2008

Planned and conducted by ASHP Advantage in partnership with the Association of Black Health-System Pharmacists.



Atlanta, Georgia 30303. To make reservation, call the Atlanta Marriott Marquis directly at 1-888-855-5701. Reservation should be made as early as possible.

The program provides pharmacist attendees with the opportunity to earn at least 12 hours of

continuing education credit approved by American Society of Health-system Pharmacists (ASHP).

It should be emphasized that the conference is open to all health care professionals, students and any one interested in minority health and health disparities

ABHP Activities at the ASHP Midyear Meeting

The first meeting of the ABHP took place at the ASHP Midyear Meeting in December 1978. This year marks the 29th year of that meeting in which ABHP organized a number of activities.

Like in past years, there is no registration fee for participating in the ABHP activities. With the exception of the Annual Luncheon, all ABHP functions and programs are free.

All meeting activities will be held in the Venetian Resort and Sands Expo Center, Las Vegas, NV, December 2-5, 2007.

Please take advantage of the opportunity to learn and develop leadership and organizational skills by participating in the Association Leadership and Orientation Program. Other activities include the ABHP Hospitality

Reception, which offers a great opportunity for you to meet old friends and network with colleagues from throughout the country.

For more information on ABHP meeting activities, see page 7 and go to: <http://www.myabhp.org/calendar.php>

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Call for Poster Presentations

Papers are now being accepted for poster presentation at the ABHP Minority Health Conference, May 16-18, 2008 in Atlanta, Georgia. The poster session will be scheduled on May 17, 11:00 am -2 pm. Abstracts may be submitted by pharmacists, nurses, nurse practitioners, physicians, pharmacy technicians, residents and students. Suggested topics include:

- Critical issues regarding minority health and the associated disparities in special patient populations.
- New and emerging diagnostic and treatment modalities for managing diseases that impact minority populations.
- Research and statistics related to the

current status of racial and ethnic health disparities and recommendations of solutions.

- Improving patient compliance and adherence to medication therapy and treatment plans.
- Innovative programs and services (“best practices”) to improve outcomes for those at highest risk for poor health, including racial and ethnic minorities, and economically disadvantaged populations.

Presentations featuring collaborative practice models and team approaches to patient care are especially encouraged. The deadline for abstract submission is **January 15, 2008**. Once accepted, all abstracts will be pub-

lished in the *International Pharmaceutical Abstracts*. For instructions and guidelines on abstract submission, go to www.myabhp.org.



Call for Poster Presentations

Nominations Accepted for Student Achievement Award

The ABHP is seeking nominations for the Student Achievement Award:

Student Achievement Award provides recognition to a pharmacy student who has an outstanding record of accomplishment and service to the profession of pharmacy and/or community.

All nominees must have begun at least the second professional year of school, completed a block or is current completing a hospital internship, and worked in a hospi-

tal or other healthcare facility prior to or while attending pharmacy school.



Kendra Roundtree
2006 Recipient

The award is given annually at the ABHP Luncheon during the upcoming ASHP Midyear Meeting.

The deadline for submitting nominations is October 30, 2007. Click on the following link to review awards criteria and download nomination

“I am very grateful and honored to be a past recipient of the ABHP Student Achievement Award. Members of ABHP encouraged me, reminding me that dreams can come true. As I advance in my career, I will never forget the kindness of ABHP members. I plan to instill that same sense of hope and inspiration to younger students.” -Annesha White, 2000 Recipient

form: <http://www.myabhp.org/studentaward.php> or call (888) 834-0603.

Association Leadership Orientation Meeting (ALOM)

ABHP grows with the strength of its members. The officers and leaders are charged with directing that strength for the good of the Association. To enhance the leadership skills of elected officers and council members, ABHP will be conducting a Leadership Skills and Orientation Program. The program will be held **Sunday, December 2, 2007** in the **Venetian Resort Hotel, Delfino Ballroom, Level 4** from **1:30 PM—5:30 PM**. Topics to be covered include the ABHP history, structure, operations, mission, vision, and the

roles and responsibilities of councils, officers, and the Board of Directors. The training will be conducted by The Joshua Group, LLC, Atlanta, GA.

All current and potential association leaders are encouraged to please take advantage of this special program. Members holding leadership positions are required to attend the ALOM. The program is also open to new members interested in taking on a more active role within the Association. For more

information, please contact The Joshua Group at (404) 4559-6191.



ALOM 2006, Anaheim, CA

Join or Renew Your ABHP Membership Today

Renew your membership or join ABHP today! When you join today, you will enjoy the many opportunities to be involved in ABHP that go beyond merely being a member. You can develop and improve your leadership and organizational skills as an elected officer, council member, or speaker at ABHP symposia and at the same, serve your profession, special patient populations, and your community. One of the most significant acts of service is to work to promote advocacy, leadership, education, and collaboration that improves the health status and quality of life of patients in need. Consider the lives you will touch, today and year after year. These are just a few of the benefits joining ABHP entails. As a member, I am certain that you will recognize many more benefits beyond the ones that are outlined here.

Payment of your dues can be effected in the following ways:

Credit Card payment:

1. FAX your membership application form to (203) 539-1911. Visit our website at www.myabhp.org to download an application form.
2. Phone your membership dues payment to (888) 834-0603.

Check or Money Order:

1. Mail your membership dues application form with check or money order payable to ABHP to 2910 Kerry Forest Pkwy, D4-393, Tallahassee, FL 32309

Join or renew today – it's worth it



ABHP members Pam Leslie, John Clark, Gloria Kelly

Volunteers Accepted for ABHP Councils

If you think that you can make a difference in the Association, chances are you can. One of the ways to get involved in ABHP is to serve on one of its many Councils.

Council on Administrative Affairs:

- administration and management of business and professional programs

Council on Educational Affairs:

- educational activities and administration of educational programs.

Council on Organizational Affairs:

- membership

Council on Professional Affairs:

- recognition of members' achievements

Council on Student Affairs:

- assuring a strong student membership base.

Volunteers are needed to serve on all the councils. To volunteer, email jasper.watkins@doh.state.fl.us. For a description of the Council responsibilities, go to: <http://www.myabhp.org/Volunteer%20Handbook1-ABHP2005.pdf> and download a copy of the ABHP Volunteer Handbook. Put

"Everybody can be great... because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve... You only need a heart full of grace, a soul generated by love." Martin Luther King, Jr

your skills to use today for the success of the Association.

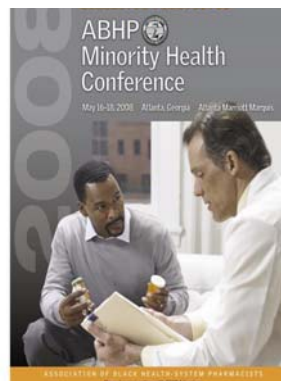
ABHP Abstract Review & Advisory Committee

Volunteers are invited to serve on the 2008 ABHP Minority Health Conference Abstract Review and Advisory Committee. If interested, please send your biographical information with a cover letter outlining your interest in the committee. Email the information to mrussell@ashpadvantage.com or FAX to 704-541-8803. Once you have been selected, a packet will be sent to you outlining your responsibilities.

The role of the committee is an important one. All professional poster submissions to the ABHP Minority Health Conference will be

reviewed by the committee. The committee shall make final decisions and give advice on all abstracts submitted. After the conference, accepted abstracts that fit the requirements will be submitted to *International Pharmaceutical Abstracts (IPA)* for publication either online, in print, or both.

Please remember that for you



to serve on ABHP Committees and Councils your membership must be in active status. If you have not paid your dues, go to www.myabhp.org and download the membership application and submit your dues as soon as possible.

ABHP Annual Luncheon

You don't want to miss the Annual Luncheon on **Wednesday, December 5, 2007**. The Luncheon will be held at the **Venetian Resort and Sands Expo Center, Las Vegas, NV**. There are a number of students who are unable to attend the Luncheon because of cost. Please consider sponsoring a student by purchasing an extra luncheon ticket. Tickets may be purchased for students at a reduced fee if both tickets are purchased in one transaction. Tickets must be purchased in advance. Tickets may be purchased in the following ways:

1. FAX the Luncheon Ticket Order Form to (203) 539-1911 (*Credit Cards only*)
2. Phone your ticket order to (888) 834-0603 (*Credit Cards only*).
3. Mail your Ticket Order with credit card information or check or money order payable to: ABHP, 2910 Kerry Forest Parkway, D4-393, Tallahassee, FL 32309
4. On Site – Tickets may be purchased at the ASHP Registration Desk in the

Las Vegas Convention Center when you register for the meeting and up to 24 hours prior to the Luncheon event.

Ticket Order Forms can be obtained by contacting the ABHP office at (888) 834-1911 or by email at jclark@jhsmiami.org phone (305) 585-1187.

People to Watch!

Jasper W. Watkins III New Florida Bureau Chief

Jasper W. Watkins III is the new Bureau Chief for Statewide Pharmaceutical Services with the Florida Department of Health. A native of Jacksonville Florida, Jasper (Jay) Watkins manages a budget in excess of \$200 million and the provision of pharmaceutical services to all Florida Department of Health facilities. He oversees the States' Pharmacy and Therapeutics Committee, Florida Formulary system, assists in expansion of the States' Pharmaceutical Stockpile Program, provides technical support for all areas of Pharmaceutical Services related to preparedness, and coordinates with the pharmacy managers of County Health Departments and DOH during times of disaster. Additionally, he is a member of Emergency Support Function #8 (Medical) and the bureaus liaison to Legislature and other outside persons regarding

statewide pharmaceutical issues. Jay received his pharmacy degree from Florida A & M University College of Pharmacy



Jasper W. Watkins, Bureau Chief for Statewide Pharmaceutical Services, Florida Department of Health

and has a Masters in Health Services Administration from Central Michigan University. Recently retired from the US Army after 25 years of services, Jay has worked in the Pentagon, Walter Reed Medical Center, the Office of Army Surgeon General, numerous army hospitals, and as director pharmacy services at Martin Army Community Hospital in Ft Benning, GA. Jay is very active in the Association of Black Health-system Pharmacists (ABHP). He is the current ABHP President, member of the ABHP Executive Committee, member of the ABHP Finance and Budgeting Committee, and Vice-Chair of the ABHP Research and Education Foundation. He has also served as the ABHP Vice President for Development.

Annesha White is ABHP Secretary



Annesha White, Pharm.D., M.S. is the new ABHP Secretary. As Secretary, she will serve as a member of the ABHP Executive Committee, Board of Directors, and Secretary to the ABHP Research and Education Foundation. She is currently a PhD student at the University of Florida in the College of Public Health and Health Professions, Department of Health Services Research, Management and Policy. Dr. White received her

PharmD degree in 2001 and her MS degree in Pharmacoeconomics in 2003 from Florida A & M University College of Pharmacy. She has worked on various projects with the Florida Medicaid program, which included her MS thesis. She has also interned at the General Accounting Office, which resulted in a publication entitled Federal Employees' Health Benefits: Effects of Using Pharmacy Benefit Managers on Health Plans, Enrollees, and Pharmacies.

Dr. White is a recipient of the South Florida Society of Health-System Pharmacists Student

Achievement Award, the Association of Black Health-System Pharmacists Student Achievement Award, the Florida Society of Health-System Pharmacists Student Scholarship Award and the ISPOR Distinguished Service Award. She is also an active member of ASHP, APHA, and ISPOR. Dr. White prides herself in believing that she can truly make a difference in today's society through contributions in outcomes research.

People to Watch!

Vincent Idemyor Receives the NTA Medical Award of the Year

Vincent Idemyor, PharmD received the Medical Award of the Year from the Washington-based National Technical Association (NTA) at the organization's national conference in Baltimore. Dr. Idemyor, a clinical pharmacologist and HIV research scientist who divides his time between Nigeria and Chicago, was recognized for his contributions to HIV/AIDS research, training, treatment and prevention activities in both Nigeria and the United States. Dr. Idemyor was born and grew up in Nigeria during his teenage years. He received his BS and PharmD degrees in the US from the University of Minnesota. Dr. Idemyor is on the clinical faculty of the University of Illinois College of Medicine, Chicago, in the Department of Medicine Section of Infectious Diseases. He is also a Visiting Professor at the University of Port Harcourt,

Nigeria and Ahmadu Bello University, Zaria, Nigeria. He has organized conferences in Nigeria to train professionals about HIV and AIDS. For many years he has been involved in the clinical trials development of new pharmaceuticals. He recently was the Lead International Consultant of a definitive study of Nigeria's national effort to combat HIV infection and AIDS, funded by the United Nations System in Nigeria.

Dr. Idemyor is a member of the ABHP Educational Affairs Council. He has served as moderator and speaker at ABHP conferences, as well as, the ABHP liaison to other professional associations.



Dr. Vincent Idemyor provides an update on HIV and AIDS at 2006 ABHP Annual Meeting

Fungisai Mugwagwa is Appointed Chair of the Student Affairs Council



Fungisai Mugwagwa has been appointed Chair of the Student Affairs Council. Her responsibilities will be:

- To help ensure successful and effective leadership for the Association.
- To build and assure a strong student membership base.
- To make recommendations designed to effectively meet and satisfy the needs of student members.

Fungisai is currently a 5th year PharmD student in the College of Pharmacy at Hampton University. She is a native of Zimbabwe, Africa and has been very active in community service work in both the US and in Africa. Her leadership roles have included President of the Hampton ASHP Student Chapter, President of the VSHP student chapter, and the Hampton Pharmacy Student Representative to the Dean. She is also a member of the ASHP, APhA, and NPhA.

“One of my favorite quote is *“The things that will destroy us are: politics without principle; pleasure without conscience; wealth without work; knowledge without character; business without morality; science without humanity, and worship without sacrifice.”* by **Mahatma Gandhi**”

Percy R. McClain, Sr. Honored in Diversity Celebration

Percy R. McClain, Sr was one of three African-American health care professionals honored posthumously earlier this year at the first “Celebrating a History of Diversity” event, inaugurated by the Eugene Applebaum College of Pharmacy and Health Sciences (EACPHS) at Wayne State University in Detroit, Michigan. McClain was honored for the significant contributions he made to the practice of pharmacy, not only from within the community in which he practiced, but throughout the profession of pharmacy. Dean

Beverly J. Schomoll, in speaking about the three deceased honorees, said although...“deceased... their legacies continue to affect and influence our students and their educational and professional development.”

Positions held by Percy R. McClain, Sr. included Director of Pharmacy and the Hospital Pharmacy Residency program at the Children's Hospital of Michigan, Director of Pharmacy at Mt Carmel Mercy Hospital, and Public Health Pharmacy Administrator, City of

Detroit, from 1990 until his death in December 1995.

McClain inspired a number of men and women who are very active in pharmacy today. He was very active in supporting the ABHP in its early years of development, attending meetings and serving on various reactor panels. He is also a past president of the National Pharmaceutical Association.

Diabetes is a Major Concern in Uganda

Melissa K. Natzke, and Eva M. Vivian, Pharm.D., BCPS, CDE, BC-ADM

Health Officials in Uganda are concerned about the increasing prevalence of diabetes in Uganda. In 1972, only 254 people in Uganda were diagnosed with diabetes. Uganda currently has about 560,000 registered patients with diabetes and an estimated 560,000 undiagnosed patients.¹ The increasing prevalence of this disease can be attributed to the adoption of the western lifestyles by many Ugandans. Ugandans are less physically active (e.g., driving more instead of walking) and consuming more processed foods.

Uganda is a landlocked, East African country bordering the Democratic Republic of Congo, Rwanda, Kenya, Sudan, and Tanzania. Much of its southern border lies along Lake Victoria. Health services and record keeping deteriorated during the 1970s and early 1980s, when many deaths resulted from government neglect, violence, and civil war. In 2000, the Ministry of Health produced a five year Health Sector Strategic Plan. The underlying theme was to increase access to a minimum essential package of health services.² Although final data has not yet been made available, most people in Uganda still struggle to gain access to healthcare. Only 49% of the population live within 5 km of a health facility and in 2005 the per-capita income was about US\$300.³ Although 7.6% of the gross domestic product is spent on healthcare, many providers are fee-for-service, and most people cannot afford needed healthcare.⁴

Medications and medical supplies are available only for patients who are critically ill or able to afford them. Poor access to diabetes care has made a diagnosis of diabetes more devastating than a diagnosis of HIV. Patients with HIV have better access to health care and self care education. Patients with diabetes, especially those living in rural areas, often have no support system or education on how to manage their disease. As a result, patients with a diagnosis of diabetes have a poorer quality of life compared to a patient with HIV. Although Uganda has made great strides in the treatment and management of

HIV, the groundwork still needs to be put in place for diabetes care.

Mulago Hospital, the largest hospital in Uganda, has no written diabetes education materials for their patients. Most medical information is disseminated to patients and their families using hanging informational posters in the clinics and hospitals. However, there are currently no educational posters about diabetes. Ugandans do not have access to endocrinologists or certified diabetes educators. Few health care providers in Uganda have extensive knowledge about diabetes treatment and management.

In 2002, there were only about 270 qualified dispensers or pharmacy technicians and 171 registered pharmacists in Uganda.⁵ The current educational system in Uganda graduate only ten new pharmacists each year. Pharmacists in Uganda serve in an administrative role as pharmacy manager and have little interaction with patients. With such an enormous shortage of pharmacists in Uganda, there is little time for clinical work or counseling patients. In many pharmacies, there is no pharmacist on site and medications are dispensed with little or no instruction given to the patient.

The Uganda government needs our help. Pharmacists in the United States who are willing to volunteer their time to assist this country can help by creating educational materials for providers and patients. Simple measures such as designing prescribing protocols, creating warning labels for prescriptions, and establishing useful medication information services would help to not only advance pharmacy, but also to promote the safe and effective use of medications throughout the country. By sharing our knowledge we can help improve patient care in this impoverished country.

RESOURCES:

1. Wasswa, H. Uganda struggles to cope with rise in diabetes incidence. *BMJ*. 2006 Sep; 333:672

2. Uganda. Ministry of Health. Health Sector Strategic Plan 2000/01-2004/05. Kampala 2000. 27 September 2007. <<http://www.health.go.ug/docs/HSSPfinalEdition.pdf>>

3. Nalugwa, S. Indigenous approaches to the HIV/AIDS scourge in Uganda. *OSSREA*. 2003. 27 September 2007. <<http://www.ossrea.net/ssrr/no30/ssrr30.htm>>

4. "Uganda". World Health Organization. 2007. WHO Online. 27 September 2007 <<http://www.who.int/countries/uga/en/>> UN Millennium Project. 2005. Prescription for healthy development: Increasing access to medicines. Report of the Task Force on HIV/AIDS, Malaria, TB, and Access to Essential Medicines, Working Group on Access to Essential Medicines. Sterling, VA: Earthscan.



Melissa K. Natzke is a pharmacy student at the University of Wisconsin School of Pharmacy. She is the MEDIC and Interdisciplinary Liaison, Operations Asthma Coordinator, Treasurer of the Wisconsin Society of Pharmacy Students, and

Chair of the Phi Delta Chi Professional Affairs Committee.

Eva M. Vivian, Pharm.D., BCPS, CDE, BC-ADM is an associate professor at the University of Wisconsin School of Pharmacy. Dr. Vivian is a certified pharmacotherapist and diabetes educator and has focused her career on ambulatory care. Dr. Vivian has authored several articles and book chapters regarding the management of diabetes and hypertension. She has also served as a diabetes consultant for several pharmaceutical companies, and as principal or subinvestigator for clinical studies of diabetes mellitus and hypertension treatment.

I went to Uganda this summer as part of a 3-week study abroad field experience through the University of Wisconsin Global Health Office. Fifteen health professional students and licensed health professionals went on the trip (none of us had been to Uganda before). I spent the first week shadowing and working at a small, rural health center in the village of Ndejje. The next two weeks were spent touring various health centers, governmental organizations, and schools in the capital of Kampala. We also received lectures from faculty at Makerere University. The focus of the lectures was maternal and child health and infectious disease. We did not participate in an exchange program, but we had the opportunity to meet several medical and nursing students from Makerere University.

I absolutely fell in love with Uganda. The people were extremely welcoming and friendly. They wanted to teach us about their country and loved hearing about our lives in the US. Although I am still a student, the patients and health professionals I met were excited to have me there to learn and help where I was comfortable. I definitely hope to go back in the near future.

One of the places we visited in Kampala was A Need for All Children orphanage. We spent a day cleaning and fixing up the house for them. We also got to spend the day with all the children. We brought several suitcases full of shoes and clothes to give to them, which was the first pair of shoes many of these children ever had. As a group, we were so moved by the mothers at the orphanage and what they were doing for these children that we decided to set a goal of raising enough money to buy them their own house (about \$25,000). Right now, they pay rent every three months. It is their biggest expense and it is one of their biggest worries every time it is due. We are in the process of getting linked with another UW group called the Village Health Project to hopefully gain 501(3)c status. (Melissa K. Natzke)

Association of Black Health-system Pharmacists

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The **ABHP** is dedicated to addressing the issues associated with minority patient healthcare and the role of black and minority pharmacists in the health systems. The association provides up-to-date information and educational programs to help members improve their professional skills and improve the quality of pharmacy practice.

The mission of the ABHP is to promote collaboration, leadership, education, advocacy, and research that improve and protect the health status and quality of life of minority patient groups and to advance the practice of minority pharmacists in the health systems.

ABHP Activities at the ASHP Midyear Meeting



The ABHP educational programs are designed for pharmacists, students, and any other health professionals interested in updating their knowledge on minority health issues. Participants will take part in an exchange of information that will surely expand your views, opinions, and professional knowledge. The programs will include topics re-

lated to health care disparities and health issues in minority children populations. The programs provide up to three and one-half (3.5) ACPE approved continuing education hours for pharmacists and technicians. Don't hesitate to be a part of this unique experience.

Program Highlights:

Sunday, December 2, 2007

1:30 PM—5:30 PM

Association Leadership Orientation Meeting

Venetian Resort Hotel, Bassano Boardroom, Level 2

Sunday, December 2, 2007

6:30 PM—9:00 PM

ABHP Hospitality Reception

Venetian Resort Hotel, Delfino Ballroom, Level 4

December 3—5, 2007

11:00 AM—3:00 PM

ABHP Exhibit, Booth 1247

Venetian Resort Hotel and Sands Expo Center

Monday, December 3, 2007

2:00 PM—4:30 PM

Burden and Treatment of Asthma in Minority Children

Venetian Resort Hotel

Tuesday, December 4, 2007

8:00 AM—11:00 AM

Increasing Your Cultural Awareness: Understanding Health Disparities

Venetian Resort Hotel

Wednesday, December 5, 2007

11:45 AM—2:00 PM

ABHP Annual Luncheon

Venetian Resort Hotel